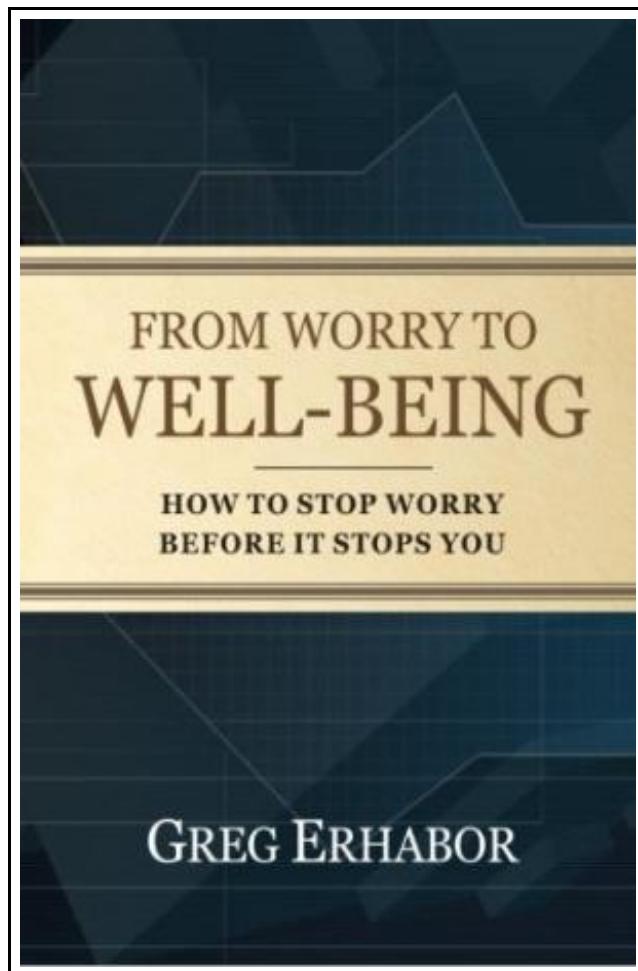


## From Worry to Well-Being: How to Stop Worry Before It Stops You (Paperback)



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