



Evolving Ourselves: Redesigning the Future of Humanity--One Gene at a Time

By Juan Enriquez

Current. Paperback. Condition: New. 384 pages. Dimensions: 8.4in. x 5.5in. x 0.9in. We are the primary drivers of change. We will directly and indirectly determine what lives, what dies, where, and when. We are in a different phase of evolution; the future of life is now in our hands. Why are rates of conditions like autism, asthma, obesity, and allergies exploding at an unprecedented pace? Why are humans living longer, getting smarter, and having far fewer kids? How might your lifestyle affect your unborn children and grandchildren? How will gene-editing technologies like CRISPR steer the course of human evolution? If Darwin were alive today, how would he explain this new world? Could our progeny eventually become a different species? Or severally? In *Evolving Ourselves*, futurist Juan Enriquez and scientist Steve Gullans conduct a sweeping tour of how humans are changing the course of evolution—sometimes intentionally, sometimes not. For example: Globally, rates of obesity in humans nearly doubled between 1980 and 2014. What's more, there's evidence that other species, from pasture-fed horses to lab animals to house cats, are also getting fatter. As reported by U.S. government agencies, the rate of autism rose by 131 percent from 2001 to 2010, an increase that cannot...

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