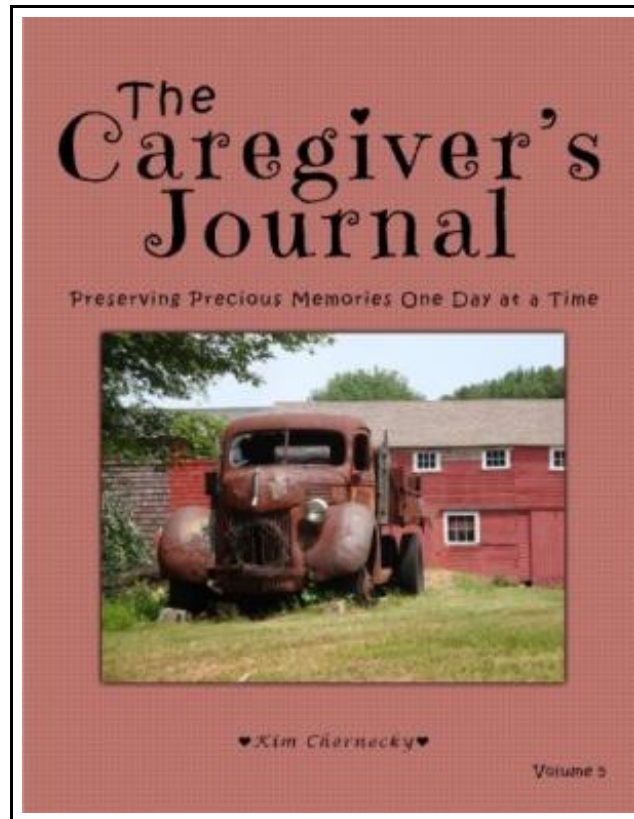


The Caregivers Journal: Preserving Precious Memories One Day at a Time (Volume 5)



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Reviews

Comprehensive guide! Its this type of very good read through. It is actually writter in simple words and phrases rather than difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Bernie Mante PhD)

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Golden Oak Publishing. Paperback. Condition: New. 152 pages. Dimensions: 11.0in. x 8.5in. x 0.3in. There's no doubt that being a caregiver is one of the hardest things you will ever do in your life. But despite the challenges, if given a choice, most caregivers wouldn't trade it for the world. With so much to do day in and day out, such as managing medication, meal preparation, help with bathing and toileting, housekeeping, shopping, errands, and trips to doctors, it's easy to let precious time slip away. But when you are caring for an aging loved one, time is the most precious gift we have. This journal was created to make it easy to organize your loved-one's important medical and caregiving information to make sure all of their daily needs are being taken care of, while still making time to connect a top priority. With daily prompts to remind us to stop and experience the joy of time spent with our loved one, we can forever remember those precious moments, long after they have passed. There will come a day when our role of caregiver comes to an end. My hope is that you will use this journal to record the tiny details of your days together; memories you can treasure for years to come, to look back on these caregiving days and years, not as a time of stress and struggle, but as one of shared love and precious moments. This journal is a must-have for any caregiver! Filled with daily inspirational quotes, each journal is structured in an easy-to-organize, customizable format that allows you to record THREE MONTHS of: Daily Journal Entries Pertinent Medical Information Important Medication Information Personal Care Needs Dietary Restrictions Emergency Contact Information Medical Provider Contact Information Month-at-a-Glance Calendars for Appointments Caregiver Weekly Schedules all in one...



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