



## Type 2 Diabetes Cure: Natural Treatments That Will Prevent and Reverse Diabetes

By MS Wendy Owen

Createspace, United States, 2014. Paperback. Book Condition: New. 202 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A Type 2 Diabetes Cure Really Is Possible Can You Cure Diabetes? With diet and lifestyle changes it's possible to maintain normal glucose levels and reverse insulin resistance. As long as the pancreas is still producing sufficient insulin, you can reverse type 2 diabetes. Have you recently been diagnosed with diabetes? If so you're probably feeling a little shocked and upset. Yes, diabetes is a serious illness, but you certainly don't have to live with it for the rest of your life. Type 2 diabetes can be reversed with a few lifestyle changes. Maybe you're a bit worried about developing type 2 diabetes. Perhaps someone in your family has the condition, or you have other risk factors, such as metabolic syndrome? If so, you can definitely avoid becoming a diabetes statistic by following the advice in this book. Who am I and why should you listen to me? I have a diploma in holistic health therapy and have done extensive research into natural cures for diseases such as arthritis, diabetes and other auto-immune diseases...

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