



## Give Life a Squeeze: Juicy Observations from My Life's First Quarter

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By Josh Hellyer

Joshua Hellyer, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Josh Hellyer can look back and laugh at situations that would hurt and humiliate even the most stalwart among us, such as when he nervously wet his pants during a school play or the time he was told, people would like you more if you didn't act like yourself. Hellyer's glass half full philosophy is contagious, and in reading his spirited true stories, you'll find yourself eager to take the risk to be genuine, dream big, and give life a squeeze. Hellyer's debut collection of funny and serenely thoughtful essays highlight the profound, universal, character-building lessons he has learned firsthand in his young life. With humor and grace, Hellyer tackles topics such as equality, depression, homosexuality, love, the power of words, and the importance of education. Among life's inevitable fears, anxieties, disappointments, and challenges, Hellyer finds laughter, unconditional family support, goodness, and enduring friendships. For anyone who wants to embrace life, with all its imperfections, and demand a more exuberant and satisfying journey, this upbeat collection will push you to discover what...

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